slt for Kids

How can you support your child with DLD at home?

Help them learn skills to join in with other children.

For example, playing games at home to support turn taking and listening to others.

Give specific instructions

e.g. "Put the red ball in the big bowl"

Give your child more time to respond

This will help your child to process information.

Encourage your child to communicate with you however they can

Accept gesture, pointing, facial expression. Remember, communication is more than just talking!

Talk calmly and slowly

This will help support your child's ability to process words.

Use symbols

Provide a picture and/or use gestures to represent new words or concepts to support their understanding visually.
Visual timetables can help structure their day.

Use simple language

Repeat if necessary to support memory and provide as many opportunities for them to hear, see and use words.

Set up 'role play' opportunities

This way your child can practise using language in different contexts, e.g. set up a 'shop' where the child has to practise remembering what they need to ask for and asking for the right thing or a 'café' where the child might practise asking for/ordering their own meal.

Ensure your child can see your face

This will help support their attention and listening, getting down to your child's level can also help.

Check they have understood

When giving instructions or new information ask them to repeat back to you what you have told them.

Get your child's attention

Say their name before you want them to listen
eg. "Ahmed (then give your instruction/comment)".